

**Book Review**

**Grey Areas in Restorative Dentistry - don't believe everything you think.**

Robert L Caplin. J and R Publishing, 2015. (178pp. £34.99). ISBN 9780993109300. Published online: 10 July 2015 doi:10.1038/sj.bdj.2015.538.

Embarking on a career in dentistry is an immensely exciting and rewarding experience but the transition from dental school to clinical practice can be a daunting process. As clinicians we are faced with difficult clinical scenarios, which require the integration of knowledge, experience and practical skill to manage them successfully.

*Grey Areas in Restorative Dentistry- don't believe everything you think!* is an inspiring book, which enriches the reader with a background of knowledge to solve everyday clinical problems which can be treated with an array of different strategies.

The chapters are arranged in a logical order which cover a range of topics, including what

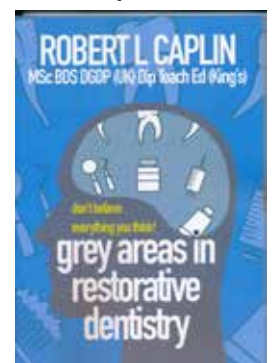
the aims of treatment are, what radiographs should be taken at a new patient exam and restoring teeth which have an inadequate root canal treatments. Each chapter is structured with a solid foundation of teaching by the author and well-selected references to evidence-based practice, where possible. The chapters are illustrated with images and radiographs, which are of a generally of a high standard throughout the book. This helps to enhance and enrich the text. At first glance, the algorithms seemed rather simplistic but, on reflection, this was required in order for the reader to be effectively guided through a complex clinical problem.

The passion and dedication of the author as an experienced educator is reflected throughout the book and cases are selected in a way to challenge the reader and channel the thought processes. The book covers a good range of dental cases, synoptically covering restorative dentistry and oral surgery, which are all relevant to managing intricate clinical situations. Each chapter ends with scenarios

and free pages to construct notes and consolidate thoughts, much like a workbook. This book is an excellent addition to any foundation dentist's reference text and for dentists who wish to compare their thought processes to other experiences clinicians. The book could easily be used to supplement and support tutorials in dental foundation trainees where scenarios are relevant to everyday practice.

**David Green**

**Birmingham Dental Hospital and School**



# DentalUpdate

The UK's leading peer-reviewed clinical journal



**Save 10% when you subscribe by direct debit**

11 issues per year

44 hours verifiable CPD per year

Access to online archive

Available in print, online or via app



For more information call the Subscriptions Team on Freephone 0800 137201 or email [subscriptions@markallengroup.com](mailto:subscriptions@markallengroup.com)