

phase of the condition and warrant repeat ultrasound scan in the future.

Conclusion

This case highlights the importance of excluding sarcoidosis in cases of bilateral parotid gland swelling. Early recognition of the disease and understanding the multisystem nature can prevent progression of the disease. This has important clinical implications for dental practitioners, especially as often the pulmonary symptoms can go unnoticed for years and may be the 10–15% of cases with head and neck manifestations that require further medical attention.

BookReview

Concise Encyclopaedia of

Periodontology. By David C Vandersall. Ames: Blackwell, 2007 (232pp. p/b, £39.99). ISBN 978-0-8138-2602-8.

This encyclopaedia has been written by David Vandersall who has over 35 years experience in periodontology, both in terms of teaching as a clinical professor at various dental schools and in private practice limited to periodontology. He has published widely, with over 40 papers in the periodontal and other dental literature and his wealth of experience is reflected in this book.

The book is a very useful reference covering periodontal terms, procedures and techniques and will appeal to both undergraduates and postgraduates with an interest in periodontology. It is clearly laid out and well written and includes referencing, allowing the reader to delve further into the literature on a particular topic if required. It is therefore

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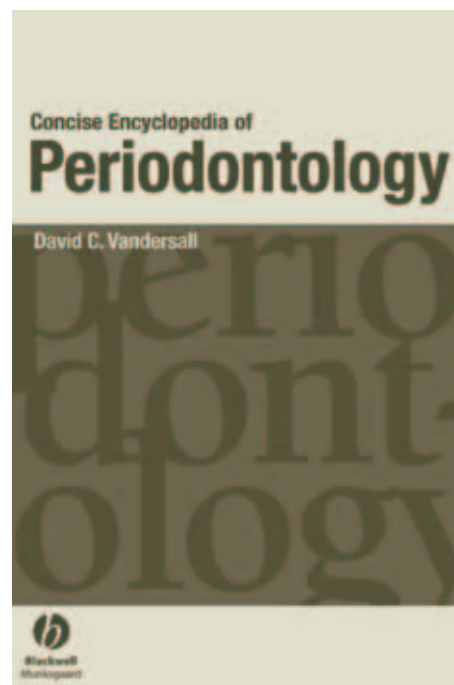
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a useful adjunct to traditional textbooks and allows the reader to pick up basic understanding on a particular topic quickly. The text is supplemented with colour and black and white images and diagrams which further aid understanding of the concepts introduced in the text.

This encyclopaedia aims to cover the entire discipline of periodontology in a concise and easily accessible format which, in general, it achieves. Some of the terminology may not be fully familiar to the European reader, but this detracts little from a text that has much to recommend it.

In summary, this book is a useful, well written, comprehensive reference on periodontology, allowing the reader to gain a rapid insight into key topics and will be of interest to anyone working or studying in this field. It will certainly be finding a space on my bookshelf.

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Abstract

ARE YOUR PATIENTS REALLY NERVOUS?

Predicting anxiety during dental treatment using patients' self-reports: Less is more. LJ Heaton, CR Carlson, TA Smith, RA Baer, R de Leeuw. *Journal of the American Dental Association* 2007; **138**: 188–195.

Publications regarding dental anxiety have been appearing in the dental literature for more than 50 years, yet apparently the

prevalence has not changed significantly in that time. We would like to think that modern treatment is far less stressful but this is not supported by the research. Dental anxiety does seem to vary with the type of treatment (sadly endodontics remains amongst the higher levels of stress). Predictors of dental anxiety included younger age, more invasive treatments and previous avoidance of treatment due

to a bad experience. This paper looked at the use of a 'Dental Fear Survey' form and reported that dentists using this may assess a patient's anxiety quickly and accurately. Incorporating such agents may enable the clinician to anticipate and avoid problems during treatment and ensure better compliance and attendance.

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